



**EXTRA
MILE**



Can you go the **Extra Mile?**



All funds raised are split **50/50** between
your school and Julia's House

Get active

**Support your
community**

**Support your
school**

Simply pick a date, get sponsored and run your mile

Visit www.juliashouse.org/extramile for
more information or call **01202 644220**

Sponsored by

SUPERIOR.



For you

What your school gets for taking part:

- ♥ A trophy for the class/group that raises the most money
- ♥ Medals for every fundraiser
- ♥ Sponsorship forms
- ♥ Goodie bags for the top three fundraisers
- ♥ Sail banners to mark the start and finish lines
- ♥ A banner for the day
- ♥ Volunteers to help on the day
- ♥ Posters
- ♥ An assembly or talk to present the medals/trophy



Springdale First School's new outdoor area

It is completely up to you how you choose to spend your 50% of the sponsorship money.

Here are some examples of what some schools have chosen to use their funds towards:

- ♥ School minibus
- ♥ Swimming pool refurbishment
- ♥ Sports equipment
- ♥ Outdoor activity area

“This outside area is an extension of the classroom and allows the children's topics to be extended outside. We would not have been able to have this if it wasn't for the Extra Mile, it paid for all of it!”

Anne-Marie Lawrence, Springdale First School

For us

Julia's House provides practical and emotional support for the whole family



£600

could fund a day-long 'Housemates' session for up to **30 families**, where parents can support one another and children can learn and play



£750

could pay for our specialist playmaker to spend **five sessions** with a family, creating a tailor-made plan to enhance their child's development



£1,000

could mean the world to around **60 children and young people** by funding four outings for our siblings support group

However much you raise, you can make a difference

Together

Encouraging children to get active and supporting local families