



St Mary's Catholic Primary School

Headteacher: Mrs Helen Armstrong
Diocese of Plymouth

18th May 2015

Dear Parents/Carers,

Last year you were all introduced to our PSHE scheme called 'Jigsaw' and you were invited to attend a meeting. This year we are sending a reminder of what is going to be covered in the unit 'Changing Me'.

In Year Three, there are four lessons that fall into the Sex and Relationship theme.

Lesson	What is being taught	When taught
Lesson One How Babies Grow	Understand that in animals and humans lots of changes happen between conception and growing up and that usually it is the female who has the baby. Express how they feel when they see babies of baby animals.	16 th June
Lesson Two Babies	Understand how babies grow and develop. Express how they might feel if they had a new baby in their family.	23 rd June
Lesson Three Outside Body Changes	Understand that boys' and girls' bodies need to change as they grow older. Identify how boys' and girl's bodies change on the outside during this growing up process. Recognise how they feel about these changes happening to them and know how to cope with these feelings.	30 th June
Lesson Four Inside body changes	Identify how boys' and girls' bodies change on the inside during the growing up process.	7 th July

We remind you that whilst these Jigsaw lessons are important they are not compulsory and you are within your rights to withdraw your child.

If you have any questions about what is being covered, please feel free to discuss this with your class teacher at parents evening.

Mr Hedger

Mrs Armstrong

Jigsaw Leader

Headteacher



Devon Road – Poole – Dorset – BH15 3QQ

Telephone: (01202) 676207 Fax: (01202) 667505 Website: www.st-marys.poole.sch.uk E-mail: office@st-marys.poole.sch.uk