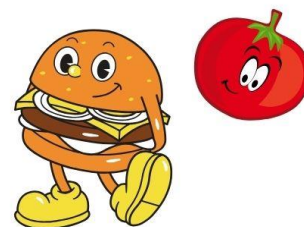


# Summer Term Menu 2025



Starting 22<sup>nd</sup> April (week 1) and alternate weeks until end of the school year

## Week 1

### Monday

Plant based lasagne, garlic bread & cherry tomatoes (M,G,Ce,So)

or

Fresh gnocchi, tomato sauce & roasted butternut squash, (G)

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Yeo valley yoghurt (D)

### Tuesday

Cheese & onion lattice pastry with baked beans & herb diced potatoes (M,G,Mu,S)

or

Veggi sausages (S)

-

Fresh Fruit

### Wednesday

Chicken, mushroom & butterbean korma, pilau rice & popadom (M,G)

or

Coconut, paneer & spinach curry (M)

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Blueberry muffin (E,G)

### Thursday

Roast silverside of beef, mini Yorkshires, roasties, broccoli & carrots (G,M,E,Ce)

or

Veggie roast (So,G,Ce)

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Raspberry ripple ice cream (M)

### Friday

Cod fishcake, smashed roast new potatoes, peas & sweetcorn (F,G)

or

Veggie meatballs & tomato penne (G,So)

-

Fresh fruit

## Week 2

### Monday

Beef cowboy beans, wholegrain rice, soft corn tortilla, carrot & cucumber ribbons (Ce)

or

Jacket potato with cheese & beans (M)

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Vanilla yoghurt cake (E,M,G)

### Tuesday

Creamy pea & pancetta pasta with ciabatta & baby leaves (M, G)

or

Veggi dippers & chunky oven chips (G,So)

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Fresh fruit

### Wednesday

Chicken chunks, baked beans & herb diced potato (G,M)

or

Cauliflower cheese (M,G)

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Iced finger bun (G)

### Thursday

Classic "toad in the hole" roasties, broccoli & green beans (E,M,G,Ce)

or

Veggie sausage as above (E,M,G,Ce)

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Frozen raspberry yogurt (M)

### Friday

Jacket potato with tuna mayo sweetcorn & salad (F,E)

or

Veggie burger with wedges & salad (G,So,E,M)

-

Banana & cinnamon swirl (G)

Contains:- **G** = gluten **S** = soya **D** = dairy **C** = celery **Cr** = crustaceans **E** = egg **B** = Fish **So** = Soya **Su** = Sulphite

Hot meals are available to order for all children.

Meals are free of charge for all children in Reception, Year 1 and Year 2

or at a cost of **£2.60** for children in Years 3 - 6.

All children are offered water with their lunch.

If your child has a food intolerance or allergy,  
please make sure you have emailed the school office with details

– [office@st-marys.poole.sch.uk](mailto:office@st-marys.poole.sch.uk)

Children may also bring a packed lunch if they prefer,

however fizzy drinks, nuts, sesame or sweets may not be included in their packed lunch.

We are a nut free school so ask that no products containing nuts are brought to school please.

