

## Spring term 2020 School lunches Allergen information

Week 1

food	peanuts	Tree nuts	milk	soya	mustard	lupin	eggs	fish	shellfish	molluscs	gluten	sesame	celery	Sulphur dioxide
Chicken Italiano											X		X	
Vegetable korma													X	
yogurt			X											
Brisket of beef			X				X				X			
Quorn roast			X				X							
jelly														
meatballs											X			
Roast veg pasta											X			
Doughnuts				X							X			
Chicken burger											X			
Macaroni Cheese			X								X		X	
Apricot flapjack			X								X			
Lincolnshire sausage											X			
Quorn sausage			X				X							
Fruit Mousse			X											
Bread roll							X				X			

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beef burger											X			
Veggie burger			X				X				X		X	
Fruit yogurt			X											
Chicken Italian													X	
Veggie fricassee													X	
Fruit jelly														
Roast turkey														
Cheese and onion slice			X				X				X			
Blueberry muffin			X				X				X			
Fish fingers			X				X	X			X			
Macaroni cheese			X								X			
Lemon drizzle			X				X				X			
Sausage casserole											X		X	
Veggie sausage casserole			X				X				X		X	
Ice cream & fruit			X											
Bread roll							X				X			

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Week 3

food	peanuts	Tree nuts	milk	soya	mustard	lupin	eggs	fish	shellfish	molluscs	gluten	sesame	celery	Sulphur dioxide
Sausage chips, beans											X			
Veggie bolognese							X						X	
yogurt			X											
Braised brisket			X				X				X			
Veggie bolognese			X				X				X			
Shortbread			X								X			
Honey roast ham														
Quorn roast			X				X							
Jelly			X								X			
Spaghetti bolognese											X		X	
Tomato pasta											X		X	
Chocolate sponge & custard			X				X				X			
chicken burger			X								X			
Baked potatoes														
Fruit mousse			X											
Bread roll							X				X			

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Week 4

food	peanuts	Tree nuts	milk	soya	mustard	lupin	eggs	fish	shellfish	molluscs	gluten	sesame	celery	Sulphur dioxide
Fish, waffles and baked beans			X	X				X			X			
veggie fingers			X				X				X			
Yogurt			X											
BBQ chicken					X									
Tom and mozzarella tartlets			X				X				X			
Jelly														
Roast pork														
Cheese and onion slice			X				X				X			
Blueberry muffin			X				X				X			
Chicken goujons			X								X			
Quorn chicken stew							X						X	
Apple crumble and custard			X								X			
Cottage pie			X										X	
Veggie cottage pie							X						X	
Ice cream			X											
Bread roll							X				X			