

MENU AUTUMN TERM 2019



<u>Menu Week 1</u>		<u>Menu Week 2</u>	<u>Menu Week 3</u>	<u>Menu Week 4</u>
Bread available every day		Bread available every day	Bread available every day	Bread available every day
Monday		Monday	Monday	Monday
Meat Option	Chicken Italiano & Rice	Beef Burger, Chips & Peas	Sausage, Chips & Beans	Battered Fish, Potato Waffles & Baked Beans
Veg Option	Vegetable Korma & Rice	Veggie Burger, Chips & Peas	Veggie Bolognaise	Veggie Fingers, Potato Waffles & Baked Beans
Dessert	Yoghurt	Yogurt	Yoghurt	Yogurt
Tuesday		Tuesday	Tuesday	Tuesday
Meat Option	Braised Brisket of Beef, Yorkshire Pudding, Roast Potatoes and Carrots & Peas	Chicken Italiano & Rice	Yorkshire Pudding filled with Braised Beef Brisket	BBQ Chicken, Rice & Vegetables
Veg Option	Quorn Roast, Roast Potatoes and Carrots & Peas	Veggie Fricassee & Rice	Vegetarian Sausage , Hash Brown and Beans	Tomato & Mozzarella Tartlets
Dessert	Jelly	Fruit Jelly	Chocolate & Cherry Cake	Dorset Apple Cake
Wednesday		Wednesday	Wednesday	Wednesday
Meat Option	Lincolnshire Sausage, Potato Waffles & Baked Beans	Roast Turkey Breast, Roast Potatoes & Mixed Veg	Honey Roast Ham, Roast Potatoes, Broccoli & Gravy	Roast Pork, Roast Potatoes and Broccoli
Veg Option	Veggie Sausage, Potato Waffles & Baked Beans	Veggie Pastie, Roast Potatoes & Mixed Veg	Quorn Roast, Roast Potatoes & Broccoli	Veggie Pastie, Roast Potatoes and Broccoli
Dessert	Doughnuts	Blueberry Muffins	Shortbread	Blueberry Muffin
Thursday		Thursday	Thursday	Thursday
Meat Option	Chicken Burger, Chips & Peas	Fish Fingers, Diced Potatoes & Beans	Spaghetti Bolognaise & Garlic Bread	Chicken Goujons, Diced Potatoes, Carrots & Peas
Veg Option	Macaroni Cheese	Macaroni Cheese	Tomato Pasta	Quorn Chicken Stew
Dessert	Apricot Flapjack	Lemon Drizzle Cake	Jelly	Ice-cream & Fresh Fruit
Friday		Friday	Friday	Friday
Meat Option	Meatballs, Spaghetti & Vegetable Medley	Sausage Casserole & New Potatoes	Chicken Goujons, Diced Potatoes, Peas & Carrots	Cottage Pie
Veg Option	Tomato & Roasted Vegetable Pasta	Veggie Sausage Casserole	Baked Potatoe & Beans	Veggie Cottage Pie
Dessert	Fruit Mousse	Ice Cream and Fresh Fruit	Fruit Mousse	Jelly