

# MENU SPRING TERM 2019



|                    | <b><u>Menu Week 1</u></b><br>Bread available every day                        | <b><u>Menu Week 2</u></b><br>Bread available every day | <b><u>Menu Week 3</u></b><br>Bread available every day | <b><u>Menu Week 4</u></b><br>Bread available every day |
|--------------------|---|--|--|--|
|                    | <b>Monday</b>   | <b>Monday</b>  | <b>Monday</b>  | <b>Monday</b>  |
| <b>Meat Option</b> | Chicken Italiano & Pasta  | Beef Burger, Chips & Peas                              | Sausage, Chips & Beans                                 | Battered Fish, Potato Waffles & Baked Beans            |
| <b>Veg Option</b>  | Vegetable Korma & Rice  | Veggie Burger, Chips & Peas                            | Veggie Bolognese                                       | Veggie Fingers, Potatoe Waffles & Baked Beans          |
| <b>Dessert</b>     | Yoghurt   | Yogurt   | Yoghurt  | Yogurt   |
|                    | <b>Tuesday</b>  | <b>Tuesday</b>   | <b>Tuesday</b>   | <b>Tuesday</b>   |
| <b>Meat Option</b> | Braised Brisket of Beef, Yorkshire Pudding, Roast Potatoes and Carrots & Peas | Chicken Italiano & Rice                                | Yorkshire Pudding filled with Braised Beef Brisket     | BBQ Chicken, Rice & Vegetables                         |
| <b>Veg Option</b>  | Quorn Roast, Roast Potatoes and Carrots & Peas                                | Veggie Fricassee & Rice                                | Vegetarian Sausage , Hash Brown and Beans              | Tomato & Mozzarella Tartlets                           |
| <b>Dessert</b>     | Jelly   | Fruit Jelly  | Chocolate and Cherry Sponge Cake                       | Dorset Apple Cake                                      |
|                    | <b>Wednesday</b>  | <b>Wednesday</b>                                       | <b>Wednesday</b>                                       | <b>Wednesday</b>                                       |
| <b>Meat Option</b> | Lincolnshire Sausage, Potato Waffles & Baked Beans                            | Roast Turkey Breast, Roast Potatoes & Mixed Veg        | Honey Roast Ham, Roast Potatoes, Broccoli & Gravy      | Roast Pork, Roast Potatoes and Broccoli                |
| <b>Veg Option</b>  | Veggie Sausage, Potato Waffles & Baked Beans                                  | Veggie Pastie, Roast Potatoes & Mixed Veg              | Quorn Roast, Roast Potatoes & Broccoli                 | Veggie Pastie, Roast Potatoes and Broccoli             |
| <b>Dessert</b>     | Doughnuts   | Blueberry Muffins                                      | Shortbread   | Blueberry Muffin                                       |
|                    | <b>Thursday</b>   | <b>Thursday</b>  | <b>Thursday</b>  | <b>Thursday</b>  |
| <b>Meat Option</b> | Chicken Goujons, Chips & Peas   | Fish Fingers, Diced Potatoes & Beans                   | Spaghetti Bolognese & Garlic Bread                     | Turkey Burger, Diced Potatoes, Carrots & Peas          |
| <b>Veg Option</b>  | Macaroni Cheese   | Pineapple Pizza & Salad                                | Macaroni Cheese  | Quorn Stew   |
| <b>Dessert</b>     | Apricot Flapjack  | Lemon Drizzle Cake                                     | Jelly  | Ice-cream & Fresh Fruit                                |
|                    | <b>Friday</b>   | <b>Friday</b>  | <b>Friday</b>  | <b>Friday</b>  |
| <b>Meat Option</b> | Savoury Mince, Rice & Vegetable Medley  | Sausage Casserole & New Potatoes                       | Chicken Goujons, Diced Potatoes & Carrots              | Cottage Pie  |
| <b>Veg Option</b>  | Quorn Stew, Rice & Vegetable Medley   | Veggie Sausage Casserole                               | Baked Potatoe & Beans                                  | Veggie Cottage Pie                                     |
| <b>Dessert</b>     | Fruit Mousse  | Ice Cream and Fresh Fruit                              | Fruit Mousse   | Jelly  |