

# Week 1

1. Remember slight smile.
2. Rest the mouthpiece gently on your lips. It should be in the middle of your mouth. Blow through the mouthpiece and buzz your lips.
3. Have a go at the siren noise. Think of the word 'See-saw'
4. Make sure you don't have 'hamster' cheeks!!
5. Use the tip of your tongue to start the notes. 'Tututu'
6. Have a go at a tune on your mouthpiece.
7. Make lots of noise!!!nhhhhhhhhh!