



# *St Mary's Catholic Primary School*

*Headteacher: Mrs Helen Armstrong  
Diocese of Plymouth*

7<sup>th</sup> January 2022

Dear Parents and Carers,

A very Happy New Year to you all! It has been a lovely week back in school. The children have settled back into their learning routines and are very enthusiastic to start their new topics. The themes for the first half of the Spring term are:

Foundation Stage: Food Glorious Food!

Year 1: Explorers

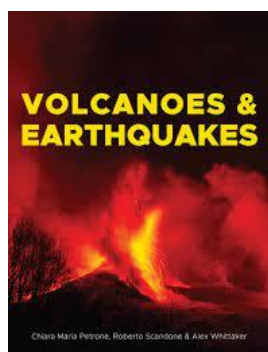
Year 2: The Fire Of London

Year 3: Romans on the Rampage!

Year 4: Earthquakes and Volcanoes - Why are some earthquakes more damaging than others?

Year 5: Earth, Sun and Moon

Year 6: Ancient Greece



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**"Inspiring each other to learn, in the light of Christ"**

Devon Road – Poole – Dorset – BH15 3QQ

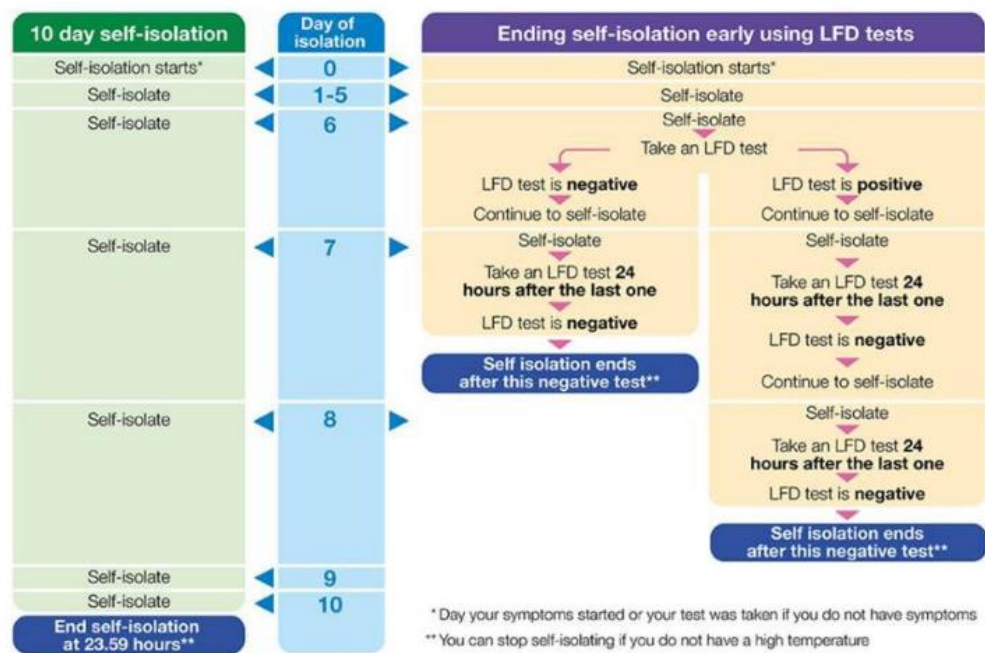
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As you will be aware the rules for isolation following a positive result for COVID have changed and self-isolation can end on day 7 if there have been 2 negative LFT tests, one on day 6 and one on day 7. The chart below will help to understand this.

Examples of when to end self-isolation if you have had COVID-19 symptoms or have received a positive COVID-19 test result



If you are classed as a close contact then you will receive a different letter from school than previously. This letter will advise you that your child should take rapid lateral flow device (LFD) tests at home every day for 7 days, or until 10 days since your last contact with the person who tested positive for COVID-19 if this is earlier. They can continue to come to school as long as your LFD results remain negative.

LFD Tests are easy to order online when they are available. I managed to order a set this lunchtime easily and they are being delivered to home. <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-test>

Attached is a poster showing you how to reduce the spread of infection with people you live with if you have COVID-19.

UK Health Security Agency

### How to reduce the spread of infection with the people you live with if you have COVID-19.

If you have COVID-19, there is a high risk that others in your household will catch it from you. There are several things you can do to reduce the spread of infection in your household.

1 Limit close contact with others. Spend as little time as possible in communal areas.

Entering Leaving

2 Regularly clean frequently touched surfaces and shared rooms like kitchens and bathrooms.

3 Wash your hands regularly using soap and water, particularly after coughing and sneezing.

4 Get help where possible from those you live with. Ask for help with cleaning and being brought food safely to avoid unnecessary contact.

5 Use a face covering if you need to spend time in shared spaces.

6 Keep rooms well ventilated.

7 Catch coughs and sneezes in disposable tissues and put them straight in the bin.

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Congratulations to Noah in Year 3 who was the Mascot at Bournemouth AFC last Thursday against Cardiff City. I am sure that it was a super experience!

Please can I remind you all that do have a number of staff and children that are allergic to 'Nuts and Sesame'.

Please can you be extra careful when preparing packed lunches to ensure none of these foods are in their lunch box. Thank you.

**NO NUTS  
NO SESAME  
SEEDS**



Yesterday was the Feast of the Epiphany and as a school family we gathered to continued our celebration of the birth of Jesus the Light of the world, God's gift of love to all. We thought about the gifts that the wise men brought and about gifts we give and receive.

During the reflection we thought about how we would have felt if we had seen Jesus that day and why the day was important.

"Inspiring each other to learn, in the light of Christ"

## The Feast of the Epiphany Year C



"The son of God, Jesus, came into our world, to give life to every member of the human race. No matter what our race, nationality, colour or religion, each of us is made in the image and likeness of God. For all of us, this day is a real celebration – we, too, are chosen."



Here are the scores for the House Points in the first week back. Well done to all those children who worked particularly hard for a house point this week.



**Red – 355   Yellow – 313   Green – 285   Blue - 319**

Thank you for your continued support and all best wishes for 2022.

Yours faithfully,

Helen Armstrong  
Headteacher