

Early Birds and Night Owls – Allergen Information

Product	Peanuts	Tree Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Shellfish	Molluscs	Barley	Oats	Wheat	Sesame	Celery	Sulphur Dioxide
Apples																
Asda All Butter Croissants			X				X						X			
Asda Apple & Blackcurrant Squash – No Added Sugar																X
Asda Apple Juice																
Asda Baked Beans – reduced salt and sugar																
Asda Belgian Chocolate Sugared Waffles			X	X			X						X			
Asda Bourbon Biscuits													X	X		
Asda Brilliantly Buttery			X													
Asda Caramel Rice Cakes																
Asda Choco Snaps			X	X							X					
Asda Crumpets													X			
Asda Custard Cream Biscuits			X										X	X		
Asda Fruit Loaf				X									X			
Asda Hash Browns																
Asda Hot Cross Buns				X									X			
Asda Instant Hot Chocolate			X	X												
Asda Malted Wheaties											X		X			

Product	Peanuts	Tree Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Shellfish	Molluscs	Barley	Oats	Wheat	Sesame	Celery	Sulphur Dioxide
Honey																
Kingsmill Muffins				X									X			
Kingsmill Pancakes			X	X			X						X			
Marmite															X	
Melon																
Oranges																
Smoked Back Bacon																
Walls Ready Baked Pork Sausages				X									X			X