

## Early Birds and Night Owls – Allergen Information

[illegible]

Product	Peanuts	Tree Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Shellfish	Molluscs	Barley	Oats	Wheat	Sesame	Celery	Sulphur Dioxide
Asda Malted Wheaties											X		X			
Asda Marmalade																
Asda Mild Cheddar Cheese			X													
Asda Mini Chocolate Chip Muffins			X	X			X						X			
Asda Mini Double Chocolate Muffins			X	X			X						X			
Asda Mini Waffles			X			X	X						X			
Asda Multigrain Hoops			X								X	X	X			
Asda Orange Juice																
Asda Pigs in blankets																x
Asda Plain Muffins				X									X			
Asda Raspberry Jam																
Asda Scotch Pancakes			x				x						x			
Asda Semi-Skimmed Milk			X													
Asda Snack Pork Sausage Rolls			X				X						X			
Asda Strawberry Jam																
Asda Sugared Waffles			X	X			X						X			
Asda Thick Dry Cured Ham																
Asda Toastie Bread				X									X			
Asda Tomato Ketchup – reduced salt and sugar															X	
Asda Wheat Bisks											X		X			

Product	Peanuts	Tree Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Shellfish	Molluscs	Barley	Oats	Wheat	Sesame	Celery	Sulphur Dioxide
Bananas																
Blueberries																
Cucumber																
Eggs							X									
Flora Buttery			X													
Honey																
Kingsmill Muffins				X									X			
Kingsmill Pancakes			X	X			X						X			
Marmite															X	
Melon																
Munch bunch yoghurts			x													
Oranges																
Raspberries																
Strawberries																
Smoked Back Bacon																
Genius Gluten free Crumpets							x									
Genius Gluten Free fruit loaf							x									
Walls Ready Baked Pork Sausages				X									X			X