## Early Birds and Night Owls – Allergen Information

Product	Peanuts	Tree Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Shellfish	Molluscs	Barley	Oats	Wheat	Sesame	Celery	Sulphur Dioxide
Apples																
Asda All Butter Croissants			Х				Х						Х			
Asda Apple & Blackcurrant Squash – No Added Sugar																Х
Asda Apple Juice																
Asda Baked Beans – reduced salt and sugar																
Asda Belgian Chocolate Sugared Waffles			Х	Х			х						Х			
Asda Bourbon Biscuits													Χ	Х		
Asda Breadsticks											Х		Х			
Asda Brilliantly Buttery			Х													
Asda Caramel Rice Cakes																
Asda Choco Snaps			Х	Х							Х					
Asda Crumpets/Xmas													Х			
Asda Custard Cream Biscuits			Х										Х	Х		
Asda Fruit Loaf				Х									Х			
Asda Hash Browns																
Asda Honey																
Asda Hot Cross Buns				Х									Х			
Asda Instant Hot Choc			Х	Х												

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Asda Malted Wheaties											Х		Х			
Asda Marmalade																
Asda Mild Cheddar Cheese			х													
Asda Mini Chocolate Chip Muffins			х	Х			Х						Х			
Asda Mini Double Chocolate Muffins			Х	х			х						Х			
Asda Mini Waffles			Х			Х	Х						Х			
Asda Multigrain Hoops			Х								Х	Х	Х			
Asda Orange Juice																
Asda Pigs in blankets																х
Asda Plain Muffins				Х									Х			
Asda Raspberry Jam																
Asda Scotch Pancakes			х				х						х			
Asda Semi-Skimmed Milk			Х													
Asda Snack Pork Sausage Rolls			Х				Х						Х			
Asda Strawberry Jam																
Asda Sugared Waffles			Х	Х			Х						Х			
Asda Thick Dry Cured Ham																
Asda Toastie Bread				Х									Х			
Asda Tomato Ketchup – reduced salt and sugar															Х	
Asda Wheat Bisks											Х		Х			

Product	Peanuts	Tree Nuts	Milk	Soya	Mustard	Lupin	Eggs	Fish	Shellfish	Molluscs	Barley	Oats	Wheat	Sesame	Celery	Sulphur Dioxide
Bananas																
Blueberries																
Cucumber																
Eggs							Х									
Flora Buttery			Х													
Honey																
Kingsmill Muffins				Х									Х			
Kingsmill Pancakes			Х	Х			Х						Х			
Marmite															Х	
Melon																
Munch bunch yoghurts			х													
Oranges																
Raspberries																
Strawberries																
Smoked Back Bacon																
Genius Gluten free Crumpets							Х									
Genius Gluten Free fruit loaf							х									
Walls Ready Baked Pork Sausages				Х									Х			Х